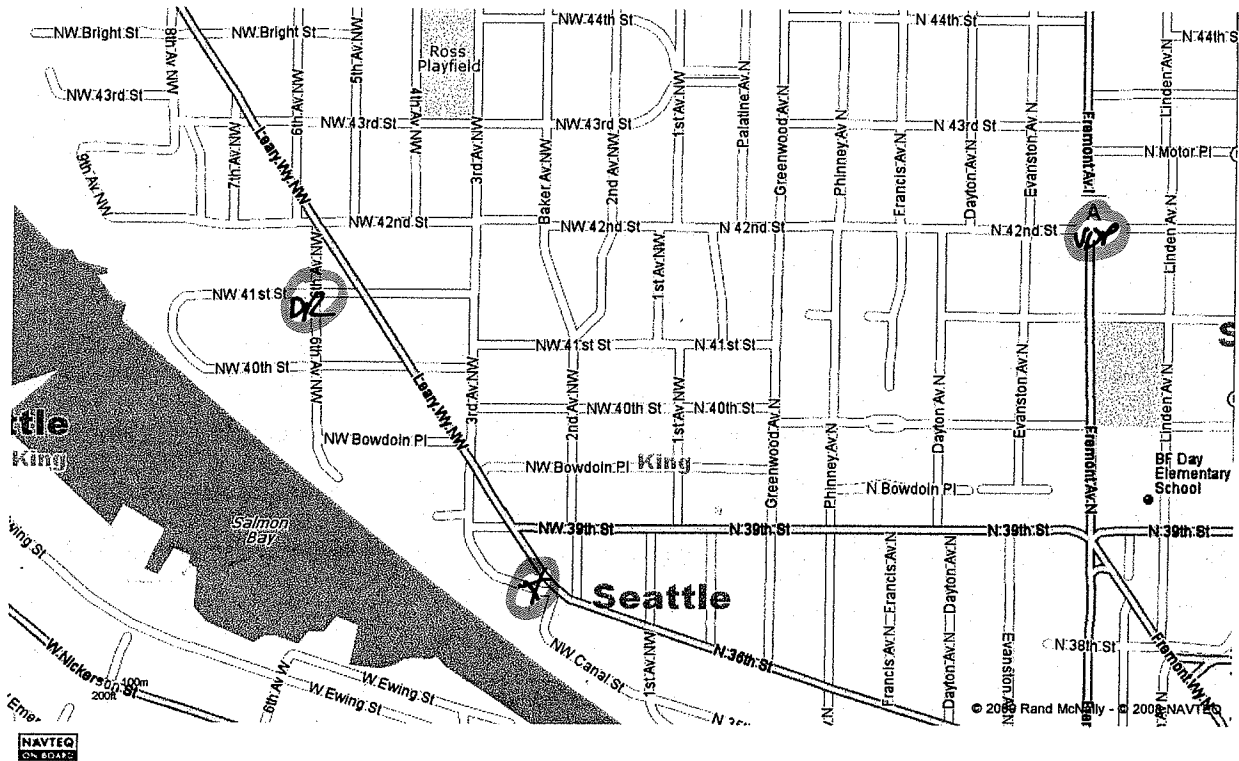


## PARADE COUNTDOWN

All parade participants are encouraged to come to class on Tuesday, June 14<sup>th</sup> and Wednesday, June 15<sup>th</sup> @ 7:15p-8:45p

Mandatory Parade Dress Rehearsal on Thursday, June 16<sup>th</sup> @ 7:15p-8:45p



### VDP:

Fremont Ave North & N 42<sup>nd</sup> Street

### DRESS REHEARSAL: (DR)

6<sup>th</sup> Ave NW & NW 41<sup>st</sup> Street (west of Leary, between Brown Bear & Hale's Ales) (7:15pm)

### PARADE START: (\*)

N 36<sup>th</sup> Street & 3<sup>rd</sup> Ave NW (near NW Canal Street) (Meet @ 10am ... Parade starts at noon)

### Dress Rehearsal:

- Pls wear your complete costume, hair and makeup... think of this as a trial run with your costume/shoes, hair... is your skirt too long? Does your hip belt snag on your gloves/arm bands? Do your hair accessories threaten to slip off your hair?

## DAY OF PARADE

- Meet at "PARADE START" at 10am
- Where can I park:
  - Parking is going to be a chore... and note that streets will be closed
- Road Closures:
  - SR520 - [wsdot.wa.gov](http://wsdot.wa.gov) notes that 520 will be closed during the weekend of June 17-20 with full closure at 11pm on Friday, June 17<sup>th</sup> (both directions)
  - I-5 Mercer Street Exit - [Fremontfair.org](http://Fremontfair.org) reports that the Mercer Street exit off I-5 will be closed during the Fremont Fair
  - Northbound on-ramp from University Street to I-5 will be closed Friday, June 17<sup>th</sup> - Monday, June 20<sup>th</sup> AM
  - Fairview Ave N bet. Mercer and Valley Streets will be closed Friday, June 17<sup>th</sup> - Monday, June 20<sup>th</sup> AM
  - Westbound SR18 closed for three months
  - S. Atlantic Street will be closed bet. E Frontage Road and Alaskan Way S
  - Alaskan Way S will be closed bet. S. Hanford Street and S. Atlantic Street
  - For more detailed information: <http://www.wsdot.wa.gov/Northwest/King/>

## MISC. PARADE TIPS

*These tips have been accumulated over the years by dancers with many Solstice Parades under their hip belts...*

## LAST-MINUTE COSTUME TIPS:

- POCKET - sew a little pocket in your costume for keys, cash, and ID
- CELL PHONE - pls silence your phone during the parade...

## GETTING READY:

- GET READY AT VDP - if you want to get ready at VDP, you can... benefits: you're already there, can get help with your costume/makeup application... and, you've already parked! Pls be sure to call Delilah... I think the studio will/can be open by 8am...
- WEAR SUNSCREEN - put sunscreen EVERYWHERE! Even the part of your hair! Sunscreen may stain your costume;. Put extra on the tops of your feet, your face and chest.
- BREAKFAST - avoid caffeine, if you can... caffeine has diuretic properties. Be sure to hydrate, eat some protein
- BOBBY PINS & SAFETY PINS - bring extra... just in case you have a costume/hair malfunction
- MAKEUP - There's a product called Ben Nye's Final Seal... spritz "over any completed makeup for smudge & water resistance."
- BABY POWDER - sprinkle some on.. you'll be happy you did
- PORTA-POTTYS / HONEY BUCKETS - they'll be there at the Parade Start...

## WHAT DO I DO WITH MY STUFF:

- STORE YOUR STUFF AT VDP - you must arrive at VDP by 9:30am
- DON'T FORGET TO GET PICK UP YOUR STUFF

## WHEW! WE DANCED THE WHOLE PARADE... NOW WHAT?:

- The Parade ends at Gas Works Park. The VDP contingent gathers on the side of the hill and takes group photos...
- Sometimes fruit is provided... everyone shares .... Be sure to get something to drink... re-hydrate.
- "Keep Moving" says another dancer... otherwise, you'll stiffen up.... Arnica cream/gel helps as a topical pain reliever
- Walking back to cars, VDP or the Fair can be daunting. Luckily, there are assorted vendors w/ food & ice cold beverages... at Gas Works Park and along the walk back
- SUMMER SOLSTICE SOIREE - Lisa Arnold has participated in many parades and lives a few doors down from The Troll... literally... She has invited Delilah & Dahlia's Paraders to partake in the festivities with food, beverages and fun... Her address is 915 N 36<sup>th</sup> Street... you can contact her at [lisaarnold@msn.com](mailto:lisaarnold@msn.com), if you decide to go...

## DELILAH'S ANNUAL PARADE "POTLUCK AFTER-PARTY" and HOUSE OF TARAB SHOW

- Saturday, June 25<sup>th</sup> - Delilah's House (across the street from studio) 2p-7p
  - Bring Pictures!
  - Bring Video!
  - Bring something to eat/drink!
  - Wear your costume!
  - Have fun!
- House of Tarab "After-Hours Show" featuring Dahlia & Delilah
  - Doors open 7:30pm
  - Free for Parade Participants
  - RSVP (206) 632-2353
  - \$15 Reserved Seats