

BOLLYWOOD -- BHANGRA INSPIRED

Transition step - thumbs up, elbows up, thumbs at shoulder

BOLLYWOOD ROUTINE:

Travel step to really move -- **Bhangra Basic 8** counts

Flippies -- 8 counts (keep fingers and thumbs together) to R first

Peacock strut -- chest pulses fingers 8 counts Up Parade
4 counts then hip up down down up - one hand at head and one
on hip

Funky Farmer -- 16 counts making a chevron pattern > <

Travolta Combo -- point right **diagonal** with L hand on hip 4 x
arms **slide by face** 4 x
fist tilts 4 x
scrub clothes 4 x

"**I forgot to milk the cow**" Combo
gentle **DOH!** head hits 2 x
milk the **cow locked arms and fists 1,2,3**, pause
REPEAT ABOVE COMBO **4** TIME TOTAL

BEGIN ROUTINE AGAIN

FANCY PART

sweep arms up into overhead **NAMASTE** as you get in line
behind a team leader

Goddess Arms

break into Posse formation

wide stance, arms glued to sides - rib cage slide to Right, Back,

Left, Front

KHOREZM

Transition step -- Khorezm footwork with **side flicks**

ROUTINE **begins with voice**

Finger snaps with crossover step -- **6 x**

"**Polish the furniture**" R hand low, L hand high (turn to R 3 counts, turn to left 3 counts)

Wrist Inside Outside finger snap pulling out -- 6 complete sets

CHORUS: circle sweep both hands from low toward Left and end 2nd position

flip hands -- R, L, R, L

double shoulder shrugs

double head slides

quickly sweep arms back up and REPEAT

REPEAT ABOVE ROUTINE FOR A TOTAL OF 3 X

FANCY PART:

Transition step -- Khorezm footwork with **side flicks/** brush hips **6 x**

3rd position **face frame** with **fast wrists** **R** hand raised higher **6x**

3rd position **face frame** with **fast wrists** **L** hand raised higher **6x**

Throwing Kisses -- 12 counts

CHORUS: circle sweep both hands from low toward Left and end 2nd position

flip hands -- R, L, R, L

double shoulder shrugs

double head slides

quickly sweep arms back up and REPEAT

Finger snaps with crossover step -- **6 x**

"**Polish the furniture**" R hand low, L hand high (turn to R 3 counts, turn to left 3 counts)

Turn in place and pose in **2nd position facing Point 2**

Persian Routine

Transition -- musical phrase repeats 4 times

1st time no one moves

2nd time the PERSIAN comes forward

3rd time the second team

4th time the third team

Silk Road Basic with "Main Sabo" (Gentle Breeze) arms above head
begin to R slow- fast fast; slow fast fast

Taj spin in place end 2 slow spins 1 fast with Bulbul pose to Right -- 2
slow spins on fast

Wrist touches Up Down; Up Down; Up Down finish with Offering
Pose to Left

Carving space - 8 total begin leading with right hand

Circle sweep with "Main Sabo" in front of lap to left
Circle sweep with "Main Sabo" in front of lap to right

Leaning forward with arms in 3 position, wrist circles -- 3 sets, then
pose in **Shahmaran with shoulder roll**

Change direction and repeat traveling arms in 3 position, wrist circles --
3 sets, then pose in **Shahmaran with shoulder roll**

Run Forward gesture from heart down body column
Run Forward gesture from heart down body colum

* Detail for above;

1,2 From heart to audience taking a big step one direction,

3,4 Draw hands Back to outline of face (thumbs facing away from you),

Stop, slightly bend knees with exotic arms elbows close to body

5, 6 Draw down column of the body

7, 8 shoulder twist R, L

Taj spin again.

Start over

Repeat routine everyone doing the 4 entrance advances.

Total repetitions are X 3.

Routine ends

with holding Bulbul pose PLUS the 4 entrance advances again.